



2017 SUMMER TRAINING CAMP

June 27th – July 20th

Tuesdays and Thursdays

5:30pm – 7:00pm on LCC Campus

Weight training, team building, endurance

conditioning and training

\$100 payable to LCC Foundation

Go to <http://www.lccaquatics.com> to

reserve a spot, get a copy of the liability form

and payment information